



TARTUMAA MV KLASIKALISES JÕUTÕSTMISES  
10.12.2022 ELVA

**JÕUSPORT**



Good  
NoLift

**EESTI JÕUTÕSTELIIT**



POWERLIFTING FEDERATION

Koht	Eesnimi	Perenimi	Klubi	S.a.	Keha- kaal	Kaalu- klass	Kükk 1.	Kükk 2.	Kükk 3.	Parim kükk	LS 1.	LS 2.	LS 3.	Parim surum.	JT 1.	JT 2.	JT 3.	Parim tõmme	Löpp- tulemus	IPF GL Punktid
<b>NAISED</b>																				
<b>Kuni 52 kg</b>																				
1	JOLANDRA-LISANNA	AAN	SK Jõusport	2011	50,36	52	42,5	47,5	52,5	52,5	25,0	30,0	32,5	32,5	60,0	65,0	70,0	70,0	155,0	40,255205
2	JOHANDRA	AAN	SK Jõusport	2013	35,30	43	30,0	35,0	37,5	35,0	20,0	22,5	25,0	22,5	42,5	47,5	47,5	42,5	100,0	39,400100
<b>Kuni 57 kg</b>																				
1	ARABELLA	TOLSBERG	SK Jõusport	2011	56,88	57	50,0	55,0	60,0	60,0	22,5	27,5	30,0	30,0	65,0	70,0	75,0	75,0	165,0	38,764605
2	RELIJA	INSO	SK Jõusport	2005	54,30	57	45,0	52,5	52,5	52,5	25,0	30,0	30,0	25,0	50,0	55,0	60,0	55,0	132,5	32,274880
<b>Kuni 63 kg</b>																				
1	JANELI	AAN	SK Jõusport	2005	62,65	63	70,0	77,5	82,5	82,5	50,0	55,0	57,5	55,0	90,0	97,5	102,5	102,5	240,0	52,697520
2	SIRET	SEMILARSKI	M&M Strength	2004	57,40	63	50,0	60,0	65,0	60,0	25,0	30,0	30,0	25,0	50,0	60,0	60,0	60,0	145,0	33,835025
<b>Kuni 69 kg</b>																				
1	ALICIA	JEMETS	M&M Strength	1999	67,62	69	85,0	95,0	95,0	85,0	55,0	60,0	60,0	55,0	100,0	110,0	117,5	117,5	257,5	53,960155
2	JOHANNA	AAN	SK Jõusport	2009	67,48	69	45,0	47,5	50,0	47,5	30,0	35,0	40,0	35,0	60,0	65,0	70,0	70,0	152,5	31,995110
<b>Kuni 76 kg</b>																				
1	ELERIIN	SEPP	MHG / TÜASK	2006	72,52	76	100,0	110,0	X	110,0	50,0	55,0	57,5	55,0	105,0	115,0	130,0	130,0	295,0	59,515070
2	AVE-LII	LAAS	TÜ	1999	69,17	76	80,0	80,0	X	80,0	55,0	60,0	62,5	60,0	80,0	90,0	X	90,0	230,0	47,584930
<b>Üle 84 kg</b>																				
1	MAARJA	ÕPIK	MVSK / TÜ	1972	90,94	84+	82,5	90,0	95,0	90,0	52,5	55,0	57,5	55,0	105,0	115,0	120,0	120,0	265,0	48,630150
<b>MEHED</b>																				
<b>Kuni 74 kg</b>																				
1	KAUR	DRENKHAAN	Merisalu SK	2005	73,27	74	120,0	130,0	140,0	130,0	80,0	85,0	87,5	87,5	120,0	130,0	140,0	140,0	357,5	52,755560
2	SANDER	AAN	SK Jõusport	2007	69,36	74	95,0	100,0	105,0	105,0	75,0	82,5	87,5	82,5	115,0	125,0	130,0	130,0	317,5	48,214915
<b>Kuni 83 kg</b>																				
1	SIIM	KALMUS	TARTU	2002	81,27	83	200,0	210,0	220,0	220,0	122,5	127,5	130,0	130,0	220,0	240,0	252,5	252,5	602,5	84,296378
2	ANDREAS	JÜRGENSON	JPG	2005	80,25	83	120,0	130,0	140,0	120,0	80,0	90,0	100,0	90,0	140,0	140,0	140,0	140,0	350,0	49,284550
3	MARKUS	NIGOL	SK Jõusport	2005	74,64	83	100,0	105,0	105,0	105,0	75,0	80,0	85,0	85,0	110,0	120,0	130,0	130,0	320,0	46,769920
v.a.	VITALII	BILOZIR	Sparta SK / v.a.	1992	79,34	83	240,0	250,0	257,5	257,5	145,0	150,0	155,0	150,0	285,0	300,0	310,0	300,0	707,5	100,206763
v.a.	ROBERT	HARRISON	Oxford / v.a.	2003	76,09	83	110,0	125,0	132,5	125,0	95,0	102,5	107,5	107,5	140,0	157,5	170,0	170,0	402,5	58,245373
<b>Kuni 93 kg</b>																				
1	JAKO	LAIDVER	Tartu	2001	90,96	93	170,0	185,0	195,0	195,0	140,0	145,0	150,0	150,0	240,0	255,0	260,0	260,0	605,0	80,011250
2	RICHARD	SARAP	Merisalu SK	205	87,10	93	155,0	165,0	170,0	170,0	110,0	115,0	115,0	115,0	190,0	205,0	210,0	210,0	495,0	66,883410
<b>Kuni 105 kg</b>																				
1	ERKKI	HIRSNIK	TÜASK	1982	100,97	105	220,0	235,0	245,0	245,0	147,5	152,5	155,0	152,5	285,0	300,0	310,0	310,0	707,5	88,970248
2	MARK	KIHU	TÜASK	2000	99,28	105	190,0	205,0	215,0	215,0	120,0	125,0	130,0	130,0	230,0	250,0	265,0	250,0	595,0	75,424580
3	MIHKEL	RUUT	TÜASK	1999	101,73	105	190,0	205,0	215,0	205,0	120,0	125,0	130,0	125,0	232,5	245,0	255,0	245,0	575,0	72,052100
4	KARL MARTIN	RAID	Merisalu SK	2004	101,05	105	160,0	170,0	180,0	180,0	120,0	130,0	135,0	135,0	180,0	200,0	210,0	210,0	525,0	65,995125
v.a.	HANS ERIK	LEESIK	Sparta SK / v.a.	2003	98,23	105	215,0	230,0	240,0	215,0	120,0	125,0	130,0	125,0	205,0	220,0	230,0	220,0	560,0	71,349040
<b>Kuni 120 kg</b>																				
1	HENRIK	HÖGSTRÖM	Tartu RK	2004	111,20	120	210,0	225,0	225,0	225,0	130,0	140,0	145,0	140,0	215,0	230,0	245,0	245,0	610,0	73,353720
2	RAINER	RAIEND	TÜASK	1998	106,21	120	185,0	195,0	205,0	195,0	130,0	130,0	137,5	130,0	210,0	220,0	230,0	230,0	555,0	68,158995
3	MARKUS	LODI	EMÜ / TÜASK	2002	106,09	120	150,0	160,0	165,0	165,0	110,0	115,0	120,0	115,0	170,0	185,0	195,0	195,0	475,0	58,365150
v.a.	EERO	REPPPO	Sparta SK / v.a.	1982	108,84	120	235,0	235,0	X	235,0	162,5	162,5	165,0	165,0	230,0	X	X	230,0	630,0	76,503420
<b>Üle 120 kg</b>																				
1	RAUNO	LILLEMETS	TÜASK	1998	146,77	120+	165,0	175,0	185,0	175,0	110,0	115,0	120,0	115,0	165,0	175,0	185,0	175,0	465,0	49,763370

Naiste absoluutarvestus IPF punktid

1	Eleriin Sepp	59,51
2	Alicia Jemets	53,96
3	Janeli Aan	52,69

Meeste absoluutarvestus IPF punktid

1	Erkki Hirsnik	89
2	Siim Kalmus	84,3
3	Jako Laidver	80

